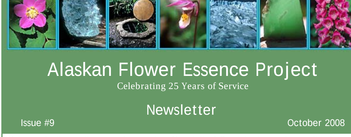
send this to a friend



Alaskan Flower Essence Project

Celebrating 25 Years of Service

Newsletter

Issue #9 October 2008

Welcome to the ninth issue of our online Newsletter! Our intention is to use this format to send you information that will increase your awareness and understanding of the Alaskan Essences. Each issue will include a feature article, testimonials, tips from practitioners, and information on our monthly online specials. We will also use the newsletter to announce new products, give you updates on courses and lecture schedules, and during the summer, update you on what is happening in the field. We hope you enjoy the newsletter and we welcome your feedback.

OCTOBER Online Specials

These Specials are only valid for orders placed ONLINE. To order, click on the individual products below, or visit the ONLINE STORE

The following Environmental Essences are 25% off this month.

Bog

Chalice Well

Greenland Icecap

Northern Lights

Portage Glacier

Solstice Sun

Stone Circle

Click Here for Product Descriptions

Enter a Drawing to WIN the Environmental Essences

(1/4 oz size)

as outlined in the article by Cynthia Accioly Abu-Asseff.

Bog
Chalice Well
Greenland Icecap
Northern Lights
Portage Glacier
Solstice Sun
Stone Circle

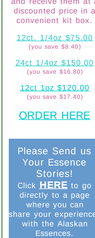
Drawing details at the bottom of this newsletter.

Alaskan Essences 2009 Practitioner Training Program

Homer, Alaska
June 28 - July 4

Join us for an in depth exploration of the power and potential of vibrational healing in one of the most pristine and intact environments on earth-Alaska!

Click HERE for more information.



Announcing our monthly drawing WINNER:

Ariel Curtis

Congratulations!

Enjoy the Indigo Essences. We appreciate the wonderful stories and look forward to receiving many more.

Alaskan Essences Website Links

How to Use Our Essences

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Online Store

Steve Johnson's Teaching Schedule

2009 Practitioner Training Program

Research Programs

Submit Research Stories

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Newsletter Archives

Alaskan Essences Custom Kits

Choose any 12 or 24 regularly priced essences of one size from our entire inventory in any combination of single flower, gem and environmental essences (no combination formulas) and receive them at a discounted price in a convenient kit box.

12ct. 1/4oz $75.00
(you save $8.40)

24ct 1/4oz $150.00
(you save $16.80)

12ct 1oz $120.00
(you save $17.40)

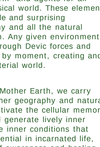
ORDER HERE

Please Send us Your Essence Stories!

Click HERE to go directly to a page where you can share your experiences with the Alaskan Essences.

-Practitioner's Corner-

This monthly feature is dedicated to providing education about essences, and to answer your essence questions. If you have a question for one of our Flower Essence professionals that you would like to see featured in a future online newsletter, please email newsletter@alaskanessences.com



Soul Blossoming

Using Environmental Essences to Create the Inner Environment

by Cynthia Accioly Abu-Asseff

It is early Spring here in South America as I write the very first words of this article for the Alaskan Essences newsletter. I am seated under the blossoming orange tree in my back yard; the sun is shy on this still and quiet Sunday morning, and I am stretching my legs, warming them in the light. The scent of the orange tree flowers is a special treat for me today! The birds are singing loud this morning, in contrast with the silence of the sleeping town. Living in a metropolis like Sao Paulo, it is a special gift to have this little corner of green and peace in the back yard of our house. It feels right to honor the support and inspiration I feel at this moment, by describing the environment of this small, yet lovely and sheltered back yard that surrounds me.

Each one of the four elements of nature, Water, Fire, Air and Earth, are powerful "creators of form" and agents for all kinds of transformation in the physical world. These elements are present in multiple, uncountable and surprising expressions, creating the geography and all the natural events of the body of Mother Earth. Any given environment is a result of the Four Elements through Devic forces and Elemental beings working moment by moment, creating and re-creating all we know as the material world.

Children of Mother Earth

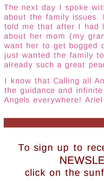
As children born from the body of Mother Earth, we carry within us the living imprints of all her geography and natural events. Environmental essences activate the cellular memory of the forces of mother nature and generate lively inner landscapes that provide us with the inner conditions that support the blossoming of soul potential in incarnated life, while supporting the movements of awareness and healing offered by Flower Essences.

Accessing these Powerful Forces

While some of us who use flower essences and gem elixirs are able to experience new ways of feeling, seeing and acting in life, sometimes we find that we keep going back to previous old patterns, unable to anchor greater and enduring transformation. There are levels of change and healing that may feel almost impossible to accomplish with flower essences only, especially when there are physical challenges such as psycho-neurological issues and hormonal problems, which are often genetically determined and ingrained in our physical form.

There are powerful forces of transformation taking place in our planet at this unique moment, and there are areas where these powerful forces are surfacing in remarkable and dramatic ways! For example, the environmental essence Greenland Icecap brings alignment with the major planetary flow of movement and change to the inner experience. It creates an inner landscape that provides the most powerful impulses of transformation that exist in our planet right now. With this support, the soul is able to move beyond physical limitations, breaking the most solid and thick layers that are holding paralyzed and stuck conditions in the present moment.

With environmental essences as allies for the healing process, the soul potential that has been awakened and strengthened by flower essences will find channels of expression through the body and the personality. This healing will happen in an enduring and stable way, finding resonance in life experience and out in the world.

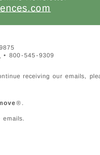


Courtship of Earth and Sky

If marriage has become stale and tedious and the experience of sharing daily life has made passion and mutual appreciation wear away, the Northern Lights essence can be used as a revitalizing inner environment. It awakens in our cells the memory of the amazing scene where the night Sky becomes alive, dressing itself with the most beautiful colors while dancing with the Earth. The resonance of the wondrous Northern Lights provides elements to revitalize the connection between partners, providing a sense of renewal, creativity and love. the Northern Lights essence assists in breaking down the density of daily life, opening inner space with a fullness of movement, light and joyful sensuality.

One or both individuals involved in the relationship may use a formula with flower essences and environmental essences. The soul qualities within each person will flourish amidst this enchanting environment, reviving and healing the relationship.

Inspiration and gratitude



In a similar way, one can use environmental essences to activate inner landscapes in any situation one may be working with. Stone Circle for protection, Chalice Well for being present or finding comfort in physical life. Portage Glacier for cleansing or revitalization. Solstice Sun for closure of healing cycles. Bog for themes of abundance. There are many other situations and themes where environmental essences are useful. These are only a few very ordinary and simple examples.

When away from home, I can easily remember and awaken within myself the support of the environment of my back yard with the blooming orange tree, the birds and the sun. It brings back the sense of how blessed I am and inspires me to share, as I am doing now by writing this article. How blessed we are to have this incredible support for the Journey of the Soul on Earth through the environmental essences, prepared in far away places, some so very pristine and hard to reach.

Thank you to my friend and business partner, Ruth Toledo Altschuler, who helped by doing the review on the English version of this article.

Cynthia Accioly Abu-Asseff is a flower essence practitioner and educator in Sao Paulo, Brazil. Cynthia owns Essências Florais, distributor of the Alaskan Essences and other flower essences lines in Brazil. Cynthia has coordinated flower essence education in Brazil, and internationally, for the last eleven years. cynthiaq@yahoo.com or http://www.essenciasflorais.com

Customer Testimonial

Calling All Angels

Ariel Curtis Oakland CA

Dear Friends at Alaskan Essences,

Thank you so much for creating the Calling All Angels blend. Here is one of many amazing experiences that I encountered while using this blend.

My grandmother passed away the last day of June. Two months later I was at my mother's house visiting, it was right around bedtime. My mother was really upset about a family dispute over an article from my grandma's estate, and was very tired, and upset. I heard my Grandma's words "never go to bed angry or upset", and decided to give my mom Calling All Angels drops to help her relax. I promptly put two drops in water and handed the glass to my mom, who was already lying in bed. She took a sip, dimmed the lights and went to sleep. I said a little prayer to the angels in the dark bedroom and went on my way.

The next day I spoke with Mom and she was so much calmer about the family issues, I asked her what had changed. She told me that after I had left her last night, she had a dream about her mom (my grandma), who told her that she didn't want her to get bogged down with family issues; that she just wanted the family to be happy and that my mom was already such a great peacekeeper.

I know that Calling all Angels helped my mom connect with the guidance and infinite support of the Angels. Thank you Angels everywhere! Ariel

To sign up to receive our online NEWSLETTER click on the sunflower image.

Enter a DRAWING to win seven Environmental Essences!

Submit a story about your personal experience with the Alaskan Essences. Your name will be entered in a drawing for the following products as showcased in the article by Cynthia Accioly Abu-Asseff.

Bog - 1/4 oz Research Environmental Essence
Chalice Well - 1/4 oz Environmental Essence
Greenland Icecap - 1/4 oz Environmental Essence
Northern Lights - 1/4 oz Environmental Essence
Portage Glacier - 1/4 oz Environmental Essence
Solstice Sun - 1/4 oz Environmental Essence
Stone Circle - 1/4 oz Environmental Essence

* Entry Deadline, October 31, 2008
* Drawing held November 1st, 2008
* Winner will be announced in the November 2008 Online Newsletter
* Story may be used in an upcoming issue of our Online Newsletter

Send your story to: research@alaskanessences.com

Alaskan Essences, Inc.
2365 Red Crow Rd • PO Box 1090 • Victor MT 59875
www.alaskanessences.com • newsletter@alaskanessences.com • 800-545-9309

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